

## PREFACE

In 1993, on the initiative of Professor Wiesław Osiński, the then President of the University School of Physical Education in Poznań, and Professor Eugeniusz Wachowski the 1<sup>st</sup> “Physical Education and Sport in Scientific Research” Conference was organized. The idea of the conference was conceived following numerous discussions in the so-called Methodologist Club, attended by staff members from methodology departments of our School. They all agreed that professional demands imposed on young scientists - as defined by acts of law and school regulations - and the development of proper work conditions should go hand in hand. One of such conditions was organization of a series of conferences that would allow scientists to present and freely exchange their research results and, at the same time, allow physical education and sport professionals to apply them in their practice. The conferences were intended to be a platform for exchange of theoretical and practical information, acceptable to the same extent by all the participants. The conferences encouraged gathering and processing of information in such a way that it could be effectively used in practice. Broadening one’s knowledge and implementing it in sport training and physical education are two indispensable components of scientific development.

A number of conferences have been organized matching the constantly changing reviewing and editorial standards. The conference proceedings, being of great cognitive and utilitarian significance, have been successfully published.

The present volume is a supplement to our school’s listed journal “Studies in Physical Culture and Tourism”, encompassing selected conference materials of high quality content and form. It should be noted that the present volume includes more articles than the previous issues; however, the Organizing Committee feels the scope of the publication is still not sufficient. We are constantly improving the scientific quality of our articles, at the same time focusing on prospects of practical implementation of research results in practice. Quality improvement is our top priority. We congratulate the Authors on their interesting and stimulating publications, we hope for more in the future and we are looking forward to another Poznań conference in May 2008.

Chair of the Organizing Committee  
*prof. dr hab. Ryszard Strzelczyk*