## NOTES TO CONTRIBUTORS

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Manuscripts should be submitted accordingly to the following guidelines:

 All papers should be no longer than 20 pages with 1800 letters per page (i.e. 30 lines 60 points each). They should be in double-spaced typewriting on one side of the paper only. Two complete printed copies of a manuscript with an electronic version on a diskette or a CD-ROM (in Word for Windows system) should be submitted to the editorial office: University School of Physical Education,

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- A covering letter signed by corresponding author must state that the data have not been published elsewhere in whole or in part (except abstract) and that all authors agree to publication in the journal.
- All papers must include the title page with full names of the authors, the institution, title of the paper and a small number (up to four) of key words. Authors are asked to give their full address for correspondence, with fax and e-mail.

- All papers must include an abstract summarizing the paper and indicating main conclusions drawn (not exceeding 150 words).
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- [1] Allison L., ed., The Politics of Sport, Manchester University Press, Manchester 1986.
- [2] English A.W., Tigges J., Lennard P.R., Anatomical organization of long ascending propriospinal neurons in the cat spinal cord, *Journal of Comparative Neurology*, 1985, 240: 349-358.
- [3] Grys I., Foreign Influences on Russian Sport in the 19th Century, *Studies in Physical Culture and Tourism*, 1999, vol. VI: 63-72.
- [4] Renson R., Sport Historiography in Belgium. Status and Perspectives, (in:) R. Renson, M. Lämmer and J. Riordan, eds., Practising Sport History, Akademia Verlag Richarz, Sankt Augustin 1987, pp. 1-18.
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names and journal titles problems arise as to what particular one the author has in mind. No other system of references will be accepted.

- Do not underline titles or introduce any forms of editing symbols: Polish and English systems of editing differ sharply and editors can be confused.
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