

## NOTES TO CONTRIBUTORS

„Studies in Physical Culture and Tourism” is a scientific journal publishing papers in multidisciplinary subjects concerning all domains of physical culture ranging from experimental laboratory studies, through all aspects of pedagogy and psychology of sport, physical education, leisure and tourism activities to historically based articles and all other humanities such as ethnographic, sociological, cultural and sport art studies. There is also a book review section on interesting publications in the areas of physical culture.

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Manuscripts should be submitted accordingly to the following guidelines:

- ◆ All papers should be no longer than 20 pages with 1800 letters per page (i.e. 30 lines 60 points each). They should be in double-spaced typewriting on one side of the paper only. Two complete printed copies of a manuscript with an electronic version on a diskette or a CD-ROM (in Word for Windows system) should be submitted to the editorial office:  
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- ◆ A covering letter signed by corresponding author must state that the data have not been published elsewhere in whole or in part (except abstract) and that all authors agree to publication in the journal.
- ◆ All papers must include the title page with full names of the authors, the institution, title of the paper and a small number (up to four) of key words. Authors are asked to give their full address for correspondence, with fax and e-mail.
- ◆ All papers must include an abstract summarizing the paper and indicating main conclusions drawn (not exceeding 150 words).
- ◆ Original articles based on experimental studies must be divided into the following sections: title page, ABSTRACT, INTRODUCTION, METHODS, RESULTS, DISCUSSION, REFERENCES. If necessary, each of them may be divided into subsections. Different arrangement and style of papers may be applied only to theoretical, historically based or review articles.
- ◆ Papers describing experiments on human subjects or animals must conform to legal requirements in Poland and must contain a statement that experiments were approved by the appropriate ethical committee.
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- ◆ Legends for the figures should be explained in full and should appear on a separate page.
- ◆ Each table should be on a separate page, with a brief descriptive title at the top of each table.
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- ◆ The reference section should follow the ensuing bibliographical system. All references should list authors with full last name and initials of the first name, complete title, place of edition, publishing house and year of publication. Full titles of periodicals should be given, including the number or volume, year and page numbers of any article quoted. Typical examples:
    - [1] Allison L., ed., *The Politics of Sport*, Manchester University Press, Manchester 1986.
    - [2] English A.W., Tigges J., Lennard P.R., Anatomical organization of long ascending propriospinal neurons in the cat spinal cord, *Journal of Comparative Neurology*, 1985, 240: 349-358.
    - [3] Grys I., Foreign Influences on Russian Sport in the 19th Century, *Studies in Physical Culture and Tourism*, 1999, vol. VI: 63-72.
    - [4] Renson R., Sport Historiography in Belgium. Status and Perspectives, (in:) R. Renson, M. Lämmer and J. Riordan, eds., *Practising Sport History*, Akademia Verlag Richarz, Sankt Augustin 1987, pp. 1-18.
  - ◆ All titles and institutional names given in languages other than English (including Polish, German, French, etc.) should be provided with their English equivalents, as for example:

Drees L., *Der Ursprung der Olympischen Spiele* (Origins of the Olympic Games), Verlag Karl Hofmann, Schorndorf 1974.
  - ◆ Do not use in reference section abbreviated names or of journals, such as, for example, *Intern. Journ. Sp. Hist.* instead of *The International Journal of the History of Sport*, or names, place names, etc., for instance “Euryp.” for “Eurypides”. In the case of better known journals and names such abbreviations do not produce problems, but in the case of lesser known names and journal titles problems arise as to what particular one the author has in mind. No other system of references will be accepted.
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- Papers, which do not fit these guidelines, will be returned to the author for correction and improvement.**
- Please, feel free to direct any inquiries to the Editors.